

Road Rules and Responsibilities



- 🚲 Cyclists may ride two abreast no more than 1.5 m. apart
- 🚲 Cyclists are allowed to take a lane of traffic – travelling in the gutter is dangerous. It leaves no room to avoid obstacles and invites being squeezed by cars
- 🚲 Cyclists may ride in Bus Lanes and Transit Lanes
- 🚲 Cyclists must obey traffic rules – eg stop at red lights and pedestrian crossings when in use (fines and penalties exist on par with those for cars)
- 🚲 Cyclists must wear an Australian standards approved helmet (fines and penalties exist)
- 🚲 Cycling on the footpath is permitted only when there is signage, when the cyclist is aged 16 years and under or an adult accompanying a younger cyclist
- 🚲 Cars must allow 1m. distance when passing a cyclist when travelling in a 60km/hr speed zone or 1.5m. when passing a cyclist in an over 60 km/hr speed zone.

Advocacy

Cycling is good for your cardiac health and the environment. If more people cycled there would be fewer cars, cleaner air and healthier communities.

To help create this change, our BUG campaigns for safer places to ride. We lobby, advise and monitor local councils (mainly Bankstown and Canterbury) and have been asked for input on state government projects to provide a better voice for cyclists.

Each membership assists our efforts to promote the benefits of cycling.

We are affiliated with Bicycle NSW.



**Bicycle User Group
(BUG)**



**Rides
Information
Better Conditions for
Cyclists**

Registration/Renewal

Name - _____

Address - _____

_____ Postcode - _____

Phone - _____

Email _____

Membership

\$5.00 p.a. single membership

\$10.00 p.a. family membership

Date paid - _____

No. of people _____

Method of payment

Cash

Cheque — payable to Bike South West

In person or post to

41 Laundess Ave, Panania. 2213

EFT — details below

St George Bank

Account name — Bike South West

BSB — 112-879 Account No - 028760159

Member Benefits



- 🚲 Friendly ride leaders
- 🚲 Local knowledge and general advice
- 🚲 Regular and varied rides
- 🚲 Gain confidence, fitness and make new friends through group riding
- 🚲 Greater lobbying power with councils
- 🚲 Have your say at group meetings and improve cycling in your local area.

Contact Details

Warren Artlett - President

Ph — 97714606 or 0422400185

Website — www.bikesouthwest.org.au

Rides

Are you looking for new places to ride or people to ride with?

Our rides vary from on road, to off road, to cycle paths. We have rides from the ocean to out west.

Rides range from beginners to more experienced and include regular stops for coffee or lunch.

Come and experience our rides and discover the benefits of cycling as a group. Find new cycle ways and places whilst socialising.

